



# September 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>To guarantee a lunch, you <b>MUST</b> make a reservation by <b>NOON THE DAY BEFORE</b>. Call Center at the Mall at 724-774-5654</p>	<p>Lunch is served 11:30 am - 1:00 pm Monday - Friday Lunch Donation - \$3 for age 60+ \$6 for age 59 and under *Menu Subject to Change*</p>	<p>Back to School</p>	<p>1-Sep Salisbury Steak w/ Gravy Baked Potato w/ Margarine Broccoli Wheat Bread Gelatin</p>	<p>2-Sep Fiesta Chicken Burrito Bowl (Chicken Breast, Salsa &amp; Cheddar Jack Cheese) Cilantro Lime Rice Black Beans Mandarin Oranges</p>
<p>5-Sep Center is closed</p>	<p>6-Sep <b>LABOR DAY SPECIAL</b> BBQ Chicken Broccoli Salad Sweet Potato Bites Watermelon</p>	<p>7-Sep Pineapple Glazed Ham Balls Sweet Potatoes Broccoli Wheat Bread Sliced Pears</p>	<p>8-Sep <b>BIRTHDAY SPECIAL</b> Stuffed Chicken Breast w/ Gravy Redskin Mashed Potatoes Mixed Vegetables Mini Biscuit w/ Apple Butter Seasonal Fresh Fruit <b>Cupcake &amp; Ice Cream</b></p>	<p>9-Sep Fresh Egg Salad Sandwich Lettuce &amp; Tomato Tomato Soup w/ Crackers Wheat Bread Pudding</p>
<p>12-Sep Stuffed Cabbage Roll Whipped Potatoes Broccoli Florets White Bread Fresh Fruit</p>	<p>13-Sep Crispy Chef Salad (Mixed Greens w/ Ham, Tomato, Cheddar &amp; Egg) Vegetable Barley Soup w/ Crackers Dinner Roll Warm Peach Crumble</p>	<p>14-Sep Smothered Roast Beef Scalloped Potatoes Peas &amp; Onions White Bread Mandarin Oranges</p>	<p>15-Sep Meatball Hoagie Parmesan Noodles Green Beans Sandwich Roll Seasonal Fresh Fruit</p>	<p>16-Sep Honey Garlic Pork Loin Vegetable Rice Pilaf Cauliflower Sliced Apples Cookie</p>
<p>19-Sep Glazed Ham w/ Raisin Sauce Whipped Sweet Potatoes Peas &amp; Carrots Dinner Roll Pudding</p>	<p>20-Sep Supreme Pizza Casserole Tossed Salad Green Beans White Bread Applesauce</p>	<p>21-Sep Homemade Tuna Salad Sandwich w/ Lettuce &amp; Tomato Bean Soup w/ Crackers White Bread Seasonal Fresh Fruit</p>	<p>22-Sep Baked Meatloaf w/ Gravy Baked Potato w/ Margarine Beets White Bread Seasonal Fresh Fruit</p>	<p>23-Sep Sweet &amp; Sour Chicken w/ Sauce White Rice Broccoli &amp; Cauliflower Blend Wheat Bread Mixed Fruit</p>
<p>26-Sep Cheeseburger w/ Lettuce &amp; Tomato Creamy Potato Soup w/ Crackers Hamburger Roll Seasonal Fresh Fruit</p>	<p>27-Sep Hot Turkey Sandwich w/ Gravy Whipped Potatoes w/ Chives Sweet Corn White Bread Cookie</p>	<p>28-Sep <b>SENIOR APPRECIATION DAY</b> Stuffed Pepper w/ Tomato Sauce Garlic Whipped Potatoes Buttery Corn Banana Pudding Nilla Wafers</p>	<p>29-Sep Creamy Chicken &amp; Biscuit Mixed Vegetables Fresh Fruit Cookie</p>	<p>30-Sep BBQ Pork Ribette Sweet Potato Bites Green Beans Wheat Bread Pineapple Delight</p>